



EXPRESS SCRIPTS®



Express Scripts Canada Active Pharmacy Program

Bridging gaps in care for patients with
chronic and complex conditions

www.express-scripts.ca

Increased cost and use of prescription medicine has been a growing cause of concern among plan sponsors for some time, and health and drug development trends point to a new surge in inflationary pressure.

An aging population and advances in treatment mean that more people are using more drugs to manage common conditions such as high blood pressure and type 2 diabetes. At the same time, biotechnology and genetic breakthroughs have led to revolutionary new therapies that are saving lives, transforming formerly fatal diseases into manageable chronic illnesses. The prices of these treatments are often unprecedented, creating financial risks for plan sponsors as well as for patients and their families.

But our research shows that the single greatest threat to prescription drug benefit plan sustainability is waste. Up to \$1 in every \$3 spent by Canadian private plan sponsors does not improve patient health outcomes – billions of dollars each year. Without the right support at the right time, time-stressed plan members are simply not equipped to make the most effective

\$1 in every **\$3**
spent on drug
benefits is **waste**



decisions for their health, their budget and the sustainability of their drug plan.

These gaps in care affect all patients, but the impact is magnified among the growing number of plan members with complex or chronic conditions, who have more difficulty following their doctor's directions as their treatments become more complicated.

Our research and client experiences demonstrate that the key to optimizing health while reducing spending waste is the patient-pharmacist relationship. Data insights – based on analysis of the millions of claims we process for more than seven million Canadians each year – prove that ongoing, proactive and consistent pharmacy care helps patients make effective health decisions, follow their doctors' treatment instructions and get well.

We've designed a program that combines bold action, member engagement, clinical expertise and patient support tools to provide plan members with the right support at the right time.

Specialized expertise and services for patients with complex or chronic conditions

We know that a single diagnosis can change everything. When your employee or one of their family members is affected, you want to know that you and they have the support they need. We're here to ensure that you do, and to answer any questions.

Our pharmacists are personal health advocates, available by telephone 24/7 to answer the patient's questions about their condition, its expected progression and treatment options. Any time of the day or night, in the comfort and privacy of the patient's home, we're here to help them manage their conditions, optimize their treatments and feel better.

We help reduce the stress and anxiety that too often accompany a major illness, so patients can focus on getting well. Our pharmacists have specialized expertise in chronic and complex care, so we can help patients compare the costs and benefits of the various treatment options. We also understand how their insurance coverage works, so we can help them get the greatest benefits from their plan and identify all other financial resources that they may be eligible for in order to minimize any out-of-pocket costs.

It's a level of pharmacy care that is unparalleled in Canada – personalized advice, clinical expertise and support when it's needed.

Other benefits include:

- ✓ A personalized Health Action Plan that helps members understand what they need to do to manage their health and get the maximum benefit from their medications,
- ✓ Collaborative consultation with patient physicians to optimize the benefits of the treatment plan,
- ✓ Proactive support to help prevent drug interaction and manage side effects, reducing the risk of complications,
- ✓ Medical appointment reminders,
- ✓ Medication delivery to their preferred location, and
- ✓ Refills shipped before prescriptions run out to prevent missed treatments.

Protect the health of your employees and the sustainability of your benefit plan

As a plan sponsor, you want to know that your plan provides your valued employees with the very best in prescription drug treatment expertise and pharmacy care. The Express Scripts Active Pharmacy Program delivers.

Attracting skilled employees – and helping them stay healthy, focused and engaged – is the foundation on which organizations build success. The prescription drug benefit helps employees manage their health and that of their families makes it possible for them to be their best, at home and at work. It reduces absenteeism and disability. In the face of rising costs, traditional plan management has offered only an unacceptable trade-off: Transferring the cost burden to employees, which ultimately undermines an organization's ability to compete.

The Express Scripts Canada Active Pharmacy Program provides a new way forward. It reduces spending waste, resulting in cost savings, and provides full visibility into member's plan design and claims data.

The results prove it is possible to protect your organization from the risks of ever increasing drug costs – while optimizing care, employee health outcomes and satisfaction.





Protect your benefit plan. Call us now.

It is possible to protect your organization from the risks of ever-increasing drug costs.

By implementing the Express Scripts Canada Active Pharmacy Benefit Program, plan sponsors maximize their return on benefit spending, protect the sustainability of the benefit plan and optimize employee health outcomes and satisfaction.

Our solutions make it easy to successfully navigate Canada's complex and rapidly changing prescription drug landscape, delivering measurable benefits to plan sponsors and members.



Contact us

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www.express-scripts.ca

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Express Scripts Canada transforms the way organizations and employees think about and participate in their drug benefit plan. Express Scripts Canada provides pharmacy services to thousands of Canadian patients. Through its proprietary consumer intelligence, clinical expertise, and patients-first approach, Express Scripts Canada promotes better health decisions for plan members, while managing and reducing drug benefit costs for plan sponsors. Express Scripts Canada is indirectly owned by Express Scripts Holding Company.